

St. John's Prayer Book for Children



THE OUR FATHER

Our Father, who art in Heaven, hallowed be thy name, Thy kingdom come, thy will be done on earth, as it is in Heaven. Give us this day our daily bread, and forgive us our trespasses, as we forgive those who trespass against us, and lead us not into temptation, but deliver us from evil. Amen.

THE HAIL MARY

Hail Mary, full of grace, the Lord is with thee. Blessed art thou among women, and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now, and at the hour of our death. Amen.

GLORY BE TO THE FATHER

Glory be to the Father and to the Son, and to the Holy Spirit. As it was in the beginning, is now, and ever shall be, world without end. Amen

ACT OF FAITH

**My God, I believe in you
and all that your Church
teaches, because you have said it,
your word is true.**



ACT OF CHARITY

**My God, because you are
so good, I love you with all
my heart, and for your sake,
I love my neighbour as myself**



ACT OF HOPE

My God, I hope in you, for grace and for glory, because of your promises, your mercy and your power.

THIS IS OUR FAITH

This is our faith. This is the faith of the Church. We are proud to profess it, In Christ Jesus our Lord. Amen

AN ACT OF CONTRITION

O my God, because you are so good, I am very sorry that I have sinned against you, and by the help of your grace I will not sin again. Amen

ETERNAL REST

Eternal rest grant unto them, O Lord, And let perpetual light shine upon them. May they rest in peace. Amen.



MORNING PRAYERS

Father in heaven, you love me, you are with me night and day. I want to love you always, in all I do and say. I'll try to please you, Father, bless me through the day. Amen

GRACE BEFORE MEALS

Bless us, O God, as we sit together. Bless the food we eat today. Bless the hands that made the food. Bless us, O God. Amen

GRACE AFTER MEALS

Thank you, God, for the food we have eaten. Thank you, God, for all our friends. Thank you, God, for everything, Thank you, God. Amen



EVENING PRAYER

God our Father, I come to say Thank you for your love today. Thank you for my family and all the friends you give to me. Guard me in the dark of night and in the morning send your light. Amen

PARTS OF THE MASS

TO GREET THE GOSPEL

C. The Lord be with you. P. And with your Spirit C. A reading from the holy Gospel according to ----- P. Glory to you, O Lord

LORD HAVE MERCY

Lord, have mercy. Lord, have mercy. Christ, have mercy. Christ, have mercy. Lord, have mercy. Lord, have mercy.

HOLY, HOLY, HOLY

Holy, Holy, Holy Lord, God of hosts. Heaven and earth are full of your glory. Hosanna in the highest. Blessed is he who comes in the name of the Lord. Hosanna in the highest.

LAMB OF GOD

Lamb of God, you take away the sins of the world: have mercy on us. Lamb of God, you take away the sins of the world: have mercy on us. Lamb of God, you take away the sins of the world: grant us peace.

PENITENTIAL ACT

I confess to almighty God, and to you my brothers and sisters, that I have greatly sinned, in my thoughts and in my words, in what I have done and in what I have failed to do, through my fault, through my fault, through my most grievous fault; therefore I ask Blessed Mary, ever-Virgin, all the Angels and Saints, and you, my brothers and sisters, to pray for me to the Lord our God.

THE GLORIA

Glory to God in the highest, and on earth peace to people of good will. We praise you, we bless you, we adore you, we glorify you, we give thanks for your great glory, Lord God, heavenly King, O God, almighty Father. Lord Jesus Christ, Only Begotten Son, Lord God, Lamb

of God, Son of the Father, you take away the sins of the world, have mercy on us; you take away the sins of the world, receive our prayer; you are seated at the right hand of the Father, have mercy on us. For you alone are the Holy One, you alone are the Lord, you alone are the Most High, Jesus Christ, with the Holy Spirit, in the glory of God the Father. Amen.



THE CREED

I believe in one God, The Father almighty, maker of heaven and earth, of all things visible and invisible. I believe in one Lord Jesus Christ, the Only Begotten Son of God, born of the Father before all ages. God from God, Light from Light, true God from true God, begotten, not made, consubstantial with the Father; through him all things were made. For us men and for our salvation he came down from heaven, and by the Holy Spirit was incarnate of the Virgin Mary, and became man.

For our sake he was crucified under Pontius Pilate, he suffered death and was buried, and rose again on the third day in accordance with the Scriptures. He ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead and his kingdom will have no end.

I believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is adored and glorified, who has spoken through the prophets.

I believe in one, holy, catholic and apostolic Church. I confess one Baptism for the forgiveness of sins and I look forward to the resurrection of the dead and the life of the world to come. Amen

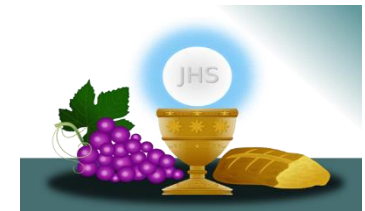
THE APOSTLES' CREED

I believe in God, the Father almighty, Creator of heaven and earth, and in Jesus Christ, his only Son, our Lord, who was conceived by the Holy Spirit, born of the Virgin Mary. suffered under Pontius Pilate, was crucified, died and was buried; he descended into hell; on the third day he rose again from the dead; he ascended into heaven, and is seated at the right hand of God the Father almighty; from there he will come to judge the living and the dead. I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting.

Amen

PRAYERS BEFORE HOLY COMMUNION

Lord Jesus, come to me. Lord Jesus, give me your love. Lord Jesus, come to me and give me yourself. Lord Jesus, friend of children come to me. Lord Jesus you are my Lord and my God. Praise to you, Lord Jesus Christ.



PRAYERS AFTER COMMUNION

Lord Jesus, I love and adore you, you're a special friend to me. Welcome, Lord Jesus, welcome. Thank you for coming to me. Thank you, Lord Jesus, O thank you for giving yourself to me. Make me strong to show your love wherever I may be.



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PRAYER TO MY GUARDIAN ANGEL

Angel of God, my guardian dear, to whom God's love commits me here, ever this day be at my side, to light, to guard, to rule and guide. Amen

PRAYER TO THE HOLY SPIRIT

Come, Holy Spirit, fill the hearts of the faithful, and kindle in them the fire of your love. Send forth your Spirit, and they shall be created, and you will renew the face of the earth. O God who has taught the hearts of the faithful by the light of the Holy Spirit, grant that by the gift of the same Spirit, we may be always truly wise and ever rejoice in his consolation. Through Christ our Lord. Amen



PRAYER FOR POPE FRANCIS

God our Father, shepherd and guide, look with love on Pope Francis your servant, the pastor of your Church. May his word and example inspire and guide the Church, and may he, and all those entrusted to his care, come to the joy of everlasting life.

PRAYER FOR PEACE

God our Father, creator of the world, you establish the order which governs all the ages. Hear our prayer and give us peace in our time that we may rejoice in your mercy and praise you without end.

MEMORARE



Remember, O most loving Virgin Mary, that it is a thing unheard of, that anyone had ever had recourse to your protection, implored your help, or sought your intercession, and was left forsaken. Filled therefore with confidence in your goodness I fly to you, O Mother, Virgin of virgins. To you I come, before you I stand, a

sorrowful sinner. Despise not my poor words, O Mother of the Word of God, but graciously hear and grant my prayer.

THE ANGELUS

i. The Angel of the Lord declared unto Mary: and she conceived by the Holy Spirit.

Hail Mary full of grace -----

ii. Behold the handmaid of the Lord: be it done unto me according to thy word.

Hail Mary full of grace -----

iii. And the Word was made flesh: and dwelt amongst us. Hail Mary full of grace -----

Pray for us, O holy Mother of God. That we may be made worthy of the promises of Christ.

LET US PRAY:

Pour forth we beseech thee, O Lord, thy grace into our hearts that we, to whom the Incarnation of Christ, Thy Son, was made known by the message of an angel, may, by His Passion and Cross, be brought to the glory of His Resurrection, through the same Christ our Lord. Amen.

MAGNIFICAT

My soul proclaims the greatness of the Lord, my spirit rejoices in God my Saviour; for he has looked with favour on his lowly servant, and from this day all generations will call me blessed. The almighty has done great things for me: holy is his name. He has mercy on those who fear him in every generation. He has shown the strength of his arm, he has scattered the proud of heart. He has cast down the mighty from their thrones, and has lifted up the lowly. He has filled the hungry with good things, and has sent the rich away empty. He has come to the help of his servant Israel for he has remembered his promise of mercy, the promise he made to our fathers, to Abraham and his children for ever.



HAIL HOLY QUEEN

Hail, holy Queen, mother of mercy; hail, our life, our sweetness and our hope! you do we cry, poor banished children of Eve; to you do we send up our sighs mourning and weeping in this vale of tears. Turn then, most gracious advocate, your eyes of mercy towards us; and after this our exile, show to us the blessed fruit of your womb, Jesus. O clement, O loving, O sweet Virgin Mary. Pray for us, O holy Mother of God. That we may be made worthy of the promises of Christ.

THE ROSARY

A reflection on the life of Jesus and Mary.

The Joyful Mysteries The Mysteries of Light

- 1. The angel tells Mary of Jesus' birth.**
- 1. Jesus is baptised in the River Jordan.**
- 2. Mary visits her cousin Elizabeth.**
- 2. Jesus performs the miracle in Cana.**
- 3. Jesus is born in Bethlehem.**
- 3. Jesus teaches about the kingdom of God.**
- 4. Jesus is presented to God in the temple.**
- 4. Jesus is transfigured on the mountain.**
- 5. Jesus is found in the temple.**
- 5. Jesus gives us the Eucharist.**

The Sorrowful Mysteries The Glorious Mysteries

- 1. Jesus prays in the Garden of Olives.**
- 1. Jesus rises from the dead.**
- 2. Jesus is stripped and beaten.**
- 2. Jesus ascends into heaven.**
- 3.**

Jesus is crowned with thorns. 3. The Holy Spirit descends on the apostles. 4. Jesus carries the cross to Calvary. 4. Mary is taken into heaven. 5. Jesus dies on the cross. 5. Mary is crowned queen of heaven and earth.

When praying the Rosary the Our Father is recited after each mystery. The Hail Mary is repeated ten times followed by the Glory Be to the Father. The Hail Holy Queen is said at the very end.

MAKE ME A CHANNEL OF YOUR PEACE



Lord, make me an instrument of your peace. Where there is hatred, let me sow love, where there is injury let me sow pardon, where there is doubt, let me sow faith, where there is despair let me give hope, where there is darkness let me give light, where there is sadness let me give joy. O divine Master, grant that I may not seek to be consoled as to console, to be understood as to understand, to be loved as to love. For it is in giving that we receive, it is in pardoning that we are pardoned, and it is in dying that we are born to eternal life. Amen.

THE GRAIL PRAYER

Lord Jesus, I give you my hands to do your work. I give you my feet to go your way. I give you my eyes to see as you do. I give you my tongue to speak your words. I give you my mind that you may think in me. I give you my spirit that you may pray in me. Above all, I give you my heart that you may love in me, your Father, and all mankind. I give you my whole self that you may grow in me, so that it is you, Lord Jesus who live and work and play in me. Amen.

PRAYER TO ST. JOSEPH

My dear St Joseph, I beseech you to obtain for me a contrite and humble heart, and great purity of soul and body. Pray for me that I may do the will of God all my life, and pray for me especially at the hour of my death. Amen.

PRAYER ADAPTED FROM ST. PATRICK'S BREASTPLATE

Christ be beside me, Christ be before me, Christ be behind me, King of my heart. Christ be within me, Christ be below me, Christ be above me, never to part.



PRAYER TO ST. TERESA OF AVILA

Christ has no body now on earth but yours, no hands but yours, no feet but yours, yours are the eyes through which to look out on Christ's compassion to the world, yours are the feet with which he is to go about doing good, yours are the hands with which he is to bless people now.

ST. FRANCIS CANTICLE

**O most high, almighty, good Lord, God:
To you belong praise, glory, honour and all blessing.
Praised be my Lord by all his creatures,
And chiefly by our brother the sun,
Who brings us the day and the light.
Fair is he, and shines with a very great splendour:
O Lord, he points us to you.**



**Praised be my Lord by our sister the moon,
And by the stars which you have set clear and lovely in heaven.
Praised be my Lord by our brother the wind,
And by air and cloud, calms and all weather,
By which you uphold life in all creatures.
Praised be my Lord by our sister water,
Who is very useful to us and humble and precious and clean.
Praised be my Lord by our brother fire,
Through whom you give light in the darkness:
And he is bright and pleasant and very mighty and strong.
Praised be my Lord by our mother the earth,
Who sustains us and keeps us,
And brings forth fruits of different kinds, flowers of many
Colours, and grass.**

THE BEATITUDES

Blessed are the poor in spirit , for theirs is the Kingdom of Heaven. Blessed are those who mourn, for they shall be comforted. Blessed are the meek, for they shall inherit the earth. Blessed are those who hunger and thirst for righteousness, for they shall have their fill. Blessed are the merciful, for they shall receive mercy. Blessed are the pure of heart, for they shall see God. Blessed are the peacemakers, for they shall be called children of God. Blessed are those persecuted for the sake of righteousness, for theirs is the Kingdom of Heaven.



THE TEN COMMANDMENTS

I am the Lord, your God.

1. You shall have no other God besides me 2. You shall not take the name of the Lord, Your God, in vain. 3. Remember to keep the Sabbath day holy. 4. Honour your father and mother. 5. You shall not kill. 6. You shall not commit adultery. 7. You shall not steal. 8. You shall not bear false witness against your neighbour. 9. You shall not take your neighbour's wife. 10. You shall not take anything that belongs to your neighbour.

STATIONS OF THE CROSS

First Station: Jesus is condemned to death Second Station: Jesus receives the cross Third Station: Jesus falls the first time Fourth Station: Jesus is met by his blessed mother Fifth Station: Simon of Cyrene helps Jesus carry his Cross Sixth Station: Veronica wipes the face of Jesus Seventh Station: Jesus falls the second time Eighth Station: The women of Jerusalem Ninth Station: Jesus falls for the third time Tenth Station: Jesus is stripped of his garments Eleventh Station: Jesus is nailed to the Cross Twelfth Station: Jesus dies on the Cross Thirteenth Station: Jesus is taken down from the Cross Fourteenth Station: Jesus is placed in the tomb

After each Station say Our Father; Hail Mary; Glory Be to the Father.

NOVENA TO THE HOLY SPIRIT

O Holy Spirit, Divine Consoler! I adore you as my True God. I bless You by uniting myself to the praises You receive from the angel and saints. I offer You my whole heart, and I render You heartfelt thanks for all the benefits You have bestowed and do unceasingly bestow upon the world. You are the author of all supernatural gifts and who did enrich with immense favours the soul of the Blessed Virgin Mary, the Mother of God, I beseech you to visit me by Your grace and Your love, and grant me the favour I so earnestly seek in this novena...

O Holy Spirit, spirit of truth, come into our hearts: shed the brightness of your light on all nations, that they may be of one faith and pleasing to You.

Amen.

Come, O Holy Spirit, fill the hearts of your faithful, and kindle in them the fire of Your love.

PRAYER OF BLESSED JOHN HENRY NEWMAN

O Lord, support us all the day long, Until the shadows lengthen, and the evening comes, and the busy world is hushed, and the fever of life is over, and our work is done. Then in your mercy, grant us a safe lodging and a holy rest, and peace at the last. Amen

THE BENEDICTUS

Blessed be the Lord, the God of Israel! He has visited his people and redeemed them. He has raised up for us a mighty saviour in the house of David his servant, as he promised by the lips of holy men, those who were his prophets from of old. A saviour who would free us from our foes, from the hands of all who hate us. So his love for our fathers is fulfilled and his holy covenant remembered. He swore to Abraham our father to grant us, that free from fear, and saved from the hands of our foes, we might serve him in holiness and justice all the days of our life in his presence. As for you little child, you shall be called a prophet of God, the Most High. You shall go ahead of the Lord to prepare a way for him. To make known to his people their salvation, through forgiveness of all their sins, the loving kindness of the heart of our God who visits us like the dawn from on high. He will give light to those in

darkness, those who dwell in the shadow of death, and guide us into the way of peace.
Glory be to the Father....

PRAYER OF ST. RICHARD OF CHICHESTER

Thanks be to you, my Lord, Jesus Christ, for all the benefits which you have given me, for all the pains and insults which you have borne for me. O most merciful Redeemer, friend and brother, may I know you more clearly, love you more dearly, and follow you more nearly, day by day. Amen.

PRAYER TO ST. MICHAEL ARCHANGEL

St. Michael, the Archangel, defend us in the day of battle; be our safeguard against the wickedness and snares of the devil. May God rebuke him, we humbly pray and do you, O Prince of the heavenly host, by the power of God, cast into hell Satan and all the other evil spirits who prowl through the world seeking the ruin of souls. Amen





NUNC DIMITTIS

Save us, Lord while we are awake; protect us while we are asleep; that we may keep watch with Christ and rest with him in peace (Alleluia).

Now, Lord, you have kept your word: let your servant go in peace.

With my own eyes I have seen the salvation which you have prepared in the sight of every people:

A light to reveal you to the nations and the glory of your people Israel.

Glory be to the Father, and to the Son, and to the Holy Spirit, as it

Save us, Lord while we are awake; protect us while we are asleep; that we may keep watch with Christ and rest with him in peace (Alleluia).

Lighten our darkness we beseech you O Lord, and by your great mercy defend us from all the perils and dangers of this night; for the love of your only Son, our Saviour Jesus Christ. Amen.

May the Lord grant us a quiet night and a perfect end. Amen. May the souls of the faithful departed, through the mercy of God, rest in peace. Amen.