



Summer
Term
2023

St. John's Catholic Primary School is dedicated to safeguarding and promoting the welfare of children and expects all staff and volunteers to share this commitment. We are fully committed to ensuring that consistent and effective safeguarding procedures are in place to support families, children and staff. All safeguarding concerns are passed to the Designated Safeguarding Leads

If you think a child is in immediate danger, call the police 999.



Mrs Trivett
Deputy DSL



Mrs Kenny
DSL



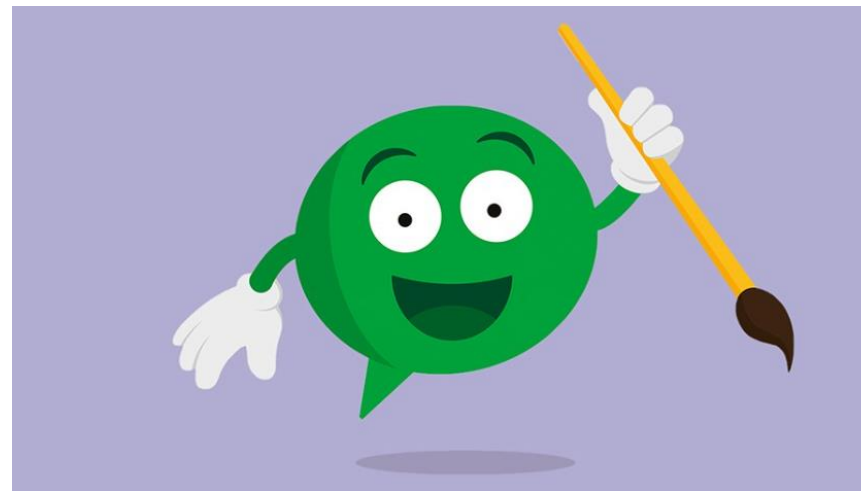
Miss Page
Deputy DSL

Safeguarding & Wellbeing Newsletter

You can contact the safeguarding team at any
time on:
01295 263740 [louise.kenny@st-johns-
banbury.oxon.sch.uk](mailto:louise.kenny@st-johns-banbury.oxon.sch.uk)

NSPCC "Speak Out Stay Safe"

Last half term we delivered the NSPCC's Speak Out Stay Safe assembly to children from Year 1 through to Year 6.



With the help of the mascot Buddy pictured above, the Speak out Stay safe programme covered topics like bullying and abuse - without using any scary words or adult language.

Our children were taught about the different types of abuse in a child-friendly and age-appropriate way, so they could get help if or when needed. We helped them identify a trusted adult they can talk to if they're ever worried about themselves or a friend. And they learnt about [Childline](#) and how it can support them.

Ask them to show you the fun way they learned how to remember Childline's phone number.

Transitioning



As we approach the end of the school year, lots of our children will be facing a transition. Understand that it can be both exciting and anxiety-inducing for children, whether it's moving into secondary school, joining a new school group, or even relocating to a new home. As parents, you play a vital role in supporting your child through these changes, and we're here to lend a helping hand.

Transition Anxiety: What to Expect

Transitions can trigger a range of emotions in children. Anxiety, nervousness, and uncertainty are common reactions. Your child may worry about making new friends, coping with academic demands, or adjusting to unfamiliar environments. These feelings are normal and should be acknowledged.

Building Resilience: How to Help

- 1** Encourage your child to express their feelings and concerns. Actively listen and validate their emotions. Create a safe space for discussions, providing reassurance and support.
- 2** Routine and Structure: Establish consistent routines at home to provide stability during times of change. A predictable routine can help your child feel more secure and in control.
- 3** Positive Mindset: Encourage a positive outlook by highlighting the opportunities and exciting aspects of the transition. Help your child focus on their strengths and past successes, reminding them of their ability to adapt and thrive.

Remember, you are not alone in this journey. If your child is experiencing heightened anxiety or finding it challenging to navigate transitions, we are here to offer support. Please don't hesitate to reach out to any member of staff who will point you in the right direction.



There is no statutory mechanism to identify and support children with a parent in prison

Children Heard and Seen is a wonderful charity that provides support and interventions for children with a parent in prison. The charity was set up in 2014, with a focus on reducing intergenerational offending, and mitigating the impacts of parental imprisonment for children and young people. Whilst we are primarily based in Oxfordshire, the introduction of online support during the pandemic means that we are now able to accept referrals to support families across the country.

www.childrenheardandseen.co.uk



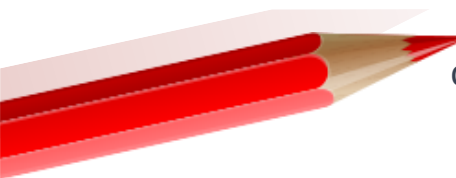
Free & low cost Summer activities



With the Summer break on the horizon, we understand that keeping your little ones entertained and well-nourished during the school holidays can sometimes be challenging. To help make this time enjoyable and worry-free, we have compiled a list of free activities and foodbank support available in our community. We hope these resources bring a smile to your children's faces and provide some assistance during the summer break.

🗺️ Free Summer Activities 🧠 🚲 🎨

- 1 Discover the rich history and engaging exhibitions at Banbury Museum. They offer free entry and a range of interactive activities suitable for all ages.
- 2 Explore the various parks and playgrounds around Banbury. Spiceball Park, People's Park, and St. Louis park are just a few examples of the many places where your children can have fun, run around, and enjoy the fresh air. Take advantage of Banbury's beautiful surroundings and go for nature walks or bike rides with your children. The Oxford Canal and Grimsbury Reservoir are fantastic spots to connect with nature and enjoy family time.
- 3 Banbury's library (Malborough Road) is a treasure trove of books, games, and activities and regularly hosts free children's events, including storytelling sessions and arts and crafts workshops.
- 4 Keep an eye out for local community events, fairs, and festivals happening in and around Banbury during the summer. Many of these events offer free entry and provide a great opportunity for your children to have fun and engage with the community
- 5 Take a look at what YouMove has to offer. There is the option of low cost or free fun activities including swimming, badminton, activity packs and a wide range of community activities in or near Banbury. [YouMove Information](#)





Foodbank Support

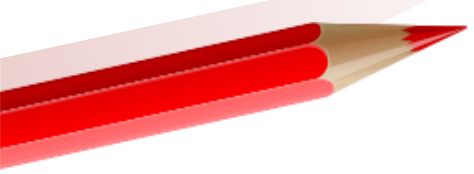


If you find yourself in need of food assistance, Banbury has a caring and supportive network of foodbanks ready to help. Here are a couple of options:

1 Banbury Community Fridge - Merton St Mosque
[For up-to-date opening times and contact details, click here.](#)

2 Banbury Foodbank organised by the Trussell Trust
[For contact details and how to ask for help, click here.](#)

3 The Salvation Army in Banbury provides food parcels for families and individuals experiencing food poverty.
[For contact details and opening times, click here.](#)



4 St. John's is definitely a school of dog lovers! We know our pets are part of our family 🐕
[The Pet Bank Banbury](#) provides help to owners and their pets in the form of food and other supplies.

Thank you for your continued support

Safeguarding is **everyone's** responsibility. If you have any concerns about the welfare of a child, including one of our students, please do not hesitate to contact our Designated Safeguarding Lead, Mrs. Kenny, or our Deputy Designated Safeguarding Leads, Miss Page and Mrs Trivett on 01295 263740.

If you have any immediate concerns about a child during the Summer holidays, please contact the police.

We hope this list of free summer activities and information about foodbank support in Banbury helps alleviate some of the pressures during the school holidays. Remember, as a community, we are here to support one another.

If you have any questions regarding the any of the information in this newsletter, or concerns about your child or family's well-being, please feel free to contact [Mrs Kenny our Home School Link Worker](#) for a confidential phone call and emails will be monitored over the Summer holidays.

The Safeguarding team here at St. John's would like to wish you a joyful and memorable Summer!
Thank you for your continued support and we look forward to seeing you all next academic year.

Mrs Kenny, Miss Page & Mrs Trivett

As part of our commitment to safeguarding, we have implemented a number of measures to ensure that our students are safe and secure while they are at school. These measures include:

- Regular training for all staff on safeguarding issues
- Robust recruitment and vetting procedures for all staff and volunteers
- Regular risk assessments of our premises and facilities
- Clear policies and procedures for responding to safeguarding concerns
- We work closely with a range of external agencies, including [Oxfordshire Safeguarding Children Board](#) (OSCB) to ensure that we are able to respond effectively to any safeguarding concerns that may arise.