



St. John's Catholic Primary School is dedicated to safeguarding and promoting the welfare of children and expects all staff and volunteers to share this commitment. We are fully committed to ensuring that consistent and effective safeguarding procedures are in place to support families, children and staff. All safeguarding concerns are passed to the Designated Safeguarding Leads

If you think a child is in immediate danger, call the police 999.



Mrs Trivett
Deputy DSL



Mrs Kenny
DSL



Miss Page
Deputy DSL



Spring
Term
2023

Safeguarding & Wellbeing Newsletter

You can contact the safeguarding team at any time
on:
01295 263740 louise.kenny@st-johns-banbury.oxon.sch.uk



Safeguarding is EVERYONE'S responsibility!

As part of our commitment to safeguarding, we have implemented a number of measures to ensure that our students are safe and secure while they are at school. These measures include:

- Regular training for all staff on safeguarding issues
- Robust recruitment and vetting procedures for all staff and volunteers
- Regular risk assessments of our premises and facilities
- Clear policies and procedures for responding to safeguarding concerns

We also work closely with a range of external agencies, including [Oxfordshire Safeguarding Children Board](#) (OSCB) to ensure that we are able to respond effectively to any safeguarding concerns that may arise.

We would like to take this opportunity to remind parents and carers that safeguarding is everyone's responsibility. If you have any concerns about the welfare of a child, including one of our students, please do not hesitate to contact our Designated Safeguarding Lead, Mrs. Kenny, or our Deputy Designated Safeguarding Leads, Miss Page and Mrs Trivett on 01295 263740.

NSPCC "Speak Out Stay Safe"

On 6th February we delivered the NSPCC's Speak Out Stay Safe assembly to children from Year 1 through to Year 6.



With the help of the mascot Buddy pictured above, the Speak out Stay safe programme covered topics like bullying and abuse - without using any scary words or adult language.

Our children were taught about the different types of abuse in a child-friendly and age-appropriate way, so they could get help if or when needed. We helped them identify a trusted adult they can talk to if they're ever worried about themselves or a friend. And they learnt about [Childline](#) and how it can support them.

Ask them to show you the fun way they learned how to remember Childline's phone number.

Promote positive mental health and wellbeing at home

As parents of primary school-aged children, it is important to ensure your child's wellbeing is taken care of both emotionally and physically. Below are some tips and resources to help you and your family stay healthy and happy.

1. Open Communication:

It's important to create a safe and open environment in your home where your child can talk to you about their worries and concerns. Encourage your child to talk to you about their feelings and make sure to listen without judgement.

2. Spend Quality Time Together:

Take time each day to spend quality time with your child, whether it's a family game or a walk in the park. Regularly spending quality time together will help to strengthen the bonds between you and your child.

3. Exercise:

Exercise is an important part of staying physically and mentally healthy. It's important to encourage your child to find ways to stay active, whether it's joining a sports team or playing an active game with friends.

4. Bedtime Routine:

Establishing a consistent bedtime routine is important for your child's wellbeing. Make sure to create a calming environment in the bedroom and just before your child goes to bed.

Resources:

Visit Place2Be for some amazing parenting advice from child mental health experts.

<https://parentingsmart.place2be.org.uk/>

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