



PSHE POLICY DOCUMENT

INTRODUCTION

At St Johns Primary School, we believe that personal, social, health and economic (PSHE) education enables our children to become healthy, independent and responsible members of society. It aims to help them understand how they are developing personally and socially, and tackles many of the moral, social and cultural issues that are part of growing up. PSHE is at the heart of our school and central to all areas of the curriculum both taught and hidden.

At St. Johns School we take very seriously the responsibility that schools have through the National Curriculum (2013) to provide a broad and balanced curriculum which:-

- Promotes the spiritual, moral, cultural, mental, emotional, social and physical development of pupils at the school and in society.
- Prepares pupils for the opportunities, responsibilities and experiences of adult life.
- Acknowledges and informs pupils about their rights as children and their responsibility for the rights of other under the United National Convention on the Rights of the Child. (National Curriculum 2013 sections 2.1, 2.5)

We also recognise the role that PSHE has in helping to ensure the safeguarding of all our children. In line with Keeping Children Safe in Education our children are taught about safeguarding, including online safety, in discrete PSHE lessons, assemblies and as part of our broad and balanced curriculum. (Keeping Children Safe in Education 2022 part 2, 129)

DEFINITION

PSHE is concerned with the total well-being and safeguarding of the individual taking into consideration:

- Mental, emotional and physical well-being.
- The responsibility of the individual towards others and the environment.
- The education and understanding of the mental, physical, emotional, spiritual, environmental, cultural and social influences that shape the community and the interactions of individuals within it.
- An holistic model of personal and social development which encourages the making of health choices.

Our programme of study links directly with the DfE Statutory Guidance 'Relationships Education, Relationships & Sex Education and Health Education (2019).

Within Relationships and Sex Education we explore: - Families and People Who Care For Me - Caring Friendships - Respectful Relationships - Online Relationships

Within Health Education we explore: - Mental Well Being - Internet Safety and Harms - Physical Health & Fitness - Healthy Eating - Drugs, Alcohol and Tobacco - Health & Prevention - Basic First Aid - Changing Adolescent Body

TEACHING AND LEARNING

We teach PSHE discretely where appropriate but find ways to include it in the teaching of other subjects too and in particular there is a large overlap with our Religious Education. Our school teaches PSHE by focussing on a range of areas which link to the Relationships and Sex Education and Health Education Areas above.

Gospel Virtues will also form a central role in the life of the school and the PSHE curriculum where a different pair of virtues is looked at each term from a cycle of virtues published by Birmingham Diocese.

The British Values of democracy, rule of law, individual liberty, mutual respect and tolerance of those with different faiths and beliefs are embedded into the ethos of our school and taught on a rolling programme through the year as part of PSHE and assemblies.

ASSESSMENT

The assessment of PSHE will take place in all curriculum areas through ongoing observations and class records are kept recording progress in PSHE skills using the school system for foundation subjects which is updated termly. Children do not have their own PSHE exercise books as so much of the work is completed orally and collaboratively.